**OSMANİYE KORKUT ATA UNIVERSITY**

**INSTITUTE OF SOCIAL SCIENCES**

**FAMILY COUNSELING AND EDUCATION**

 **NON-THESIS MASTER'S PROGRAM**

**COURSE PLAN**

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| **COMPULSORY COURSES** |
| **FIRST YEAR 1. SEMESTER** |
| **NO** | **COURSE CODE** | **COURSE TITLE** | **C/E** | **T** | **P** | **C** | **ECTS** |
| **1.** | ***ADEYL110*** | ***FUNDAMENTAL COUNSELING BASICS AND FAMILY COUNSELING THEORIES*** | **C** | **3** | **0** | **3** | **6** |
| The aim of this course is to provide students with general information about the basic concepts, principles and approaches to family counseling and family counseling theories. Within the scope of the course, topics such as basic concepts and principles in family counseling, systemic family structure, functional-non-functional family structure, family life cycle, family counseling theories and the reflections of these theories on family counseling are discussed. |
| **2.** | ***ADEYL111*** | ***RESEARCH METHODS AND REPORT WRITING TECHNIQUES*** | **C** | **3** | **0** | **3** | **6** |
| The aim of this course is to provide students with the competence to conduct scientific research and prepare a scientific report. Within the scope of the course, topics such as the concepts of science and scientific research, the purpose and types of scientific research, the planning of the scientific research process, scientific research methods, data types and data collection methods, evaluation of the collected data, reference and footnote rules, report writing and presentation skills are discussed. |
| **3.** | ***ADEYL112*** | ***FAMILY COUNSELING PROCESS AND BASIC PSYCHOLOGICAL COUNSELING SKILLS*** | **C** | **3** | **0** | **3** | **6** |
| The aim of this course is to provide students with knowledge and skills about the family counseling process and its steps, conducting the first meeting with the client, planning the counseling process, difficulties encountered in the counseling process, establishing an effective counseling relationship and basic psychological counseling skills. Within the scope of the course, topics such as managing sessions in the family counseling process, using psychological counseling skills, case formulation, goal setting, strategy setting and intervention selection, termination and monitoring are covered. |
| **4.** | ***ADEYL113*** | ***TERM PROJECT*** | **C** | **0** | **0** | **0** | **30** |
| The aim of this course is for the students to transfer the theoretical and practical information gained in the field of family counseling and education into a project study. Within the scope of this course, students will gain the ability to group the information they have learned in theoretical and applied courses within the framework of a certain discipline for project work and to present a planned project work by combining the information they have learned from the courses they have taken. |
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| **FIRST YEAR 2. SEMESTER** |
| **NO** | **COURSE CODE** | **COURSE TITLE** | **C/E** | **T** | **P** | **C** | **ECTS** |
| **1.** | ***ADEYL210*** | ***TERM PROJECT*** | **C** | **0** | **0** | **0** | **30** |
| The aim of this course is for the students to transfer the theoretical and practical information gained in the field of family counseling and education into a project study. Within the scope of this course, students will gain the ability to group the information they have learned in theoretical and applied courses within the framework of a certain discipline for project work and to present a planned project work by combining the information they have learned from the courses they have taken. |
| **2.** | ***ADEYL211*** | ***FAMILY COUNSELING PRACTICE*** | **C** | **2** | **2** | **3** | **6** |
| The aim of this course is to provide students with the skills to perform family counseling practices through theoretical and practical training on the general theory and practices of family counseling. Within the scope of this course, students will practice the knowledge they have learned in theoretical and applied courses within the framework of family counseling practice and will gain the ability to conduct family counseling. |
| **3.** | ***ADEYL212*** | ***ETHICAL AND LEGAL ISSUES IN FAMILY COUNSELING*** | **C** | **3** | **0** | **3** | **6** |
| The aim of this course is to provide students with the skills to develop research questions, search academic sources, determine research methods and theoretical frameworks, and make applications. The course covers topics such as strengthening the research focus, sharpening and refining the research question, clarifying various theoretical and methodological approaches and research ethics, developing practical skills related to archive and library research, and improving the organization of dissertation and presentation skills. |
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| **ELECTIVE COURSES** |
| **FIRST YEAR 1. SEMESTER ELECTIVE COURSES** |
| **NO** | **COURSE CODE** | **COURSE TITLE** | **C/E** | **T** | **P** | **C** | **ECTS** |
| **1.** | ***ADEYL120*** | ***FAMILY RELATIONS AND COMMUNICATION*** | **E** | 3 | 0 | 3 | 6 |
| The aim of this course is to enable students to examine family communication, the effect of family structures on family communication in a theoretical and cultural context, to evaluate intra-family communication between spouses and between parents and children, and to learn how stressful situations (divorce, adoption, etc.) effect family relations and communication. Within the scope of the course, topics such as family and family models, communication between spouses, communication with children in different developmental stages, discipline and communication, communication in stressful situations in the family are discussed. |
| **2.** | ***ADEYL121*** | ***FAMILY HEALTH*** | **E** | 3 | 0 | 3 | 6 |
| The aim of this course is to provide students with knowledge in a holistic approach to improving family health at individual, family and society level. Within the scope of the course, topics such as the concept of family, the legal and social value of the family, biological, socio-cultural, political, economic and environmental factors affecting family health, domestic violence, women's and children's health, health services for the family, healthy lifestyles within the family life cycle. are discussed. |
| **3.** | ***ADEYL122*** | ***DEVELOPMENT PSYCHOLOGY IN THE FAMILY*** | **E** | 3 | 0 | 3 | 6 |
| The aim of this course is to introduce the concept of development with its many physical, cognitive, emotional and social dimensions from prenatal to death and to provide students with information about the hereditary and environmental processes that affect development and the effects of social environment such as culture, family, school, profession on the individual. Within the scope of the course, topics such as basic concepts in developmental psychology, life-long development perspective and physical, cognitive and socio-emotional development processes that occur from conception to adolescence are discussed. |
| **4.** | ***ADEYL123*** | ***FAMILY SOCIOLOGY*** | **E** | 3 | 0 | 3 | **6** |
| The aim of this course is to provide students with knowledge on the structure and formation of the family in social life, the functioning of the family as a social institution, its importance and its relationship with other sociological phenomena. Within the scope of the course, topics such as the formation of family and family types, changes in the structure of the family with industrialization, family relations (internal authority and power relations, horizontal and vertical communication in family relations), gender and the value of the child in different societies are discussed. |
| **5.** | ***ADEYL124*** | ***MENTAL HEALTH IN THE FAMILY*** | **E** | 3 | 0 | 3 | 6 |
| The aim of this course is to enable students to learn the basic concepts of mental health, different approaches to mental health, factors affecting mental health in the family according to developmental periods, and the relationship between family counseling practices and mental health. Within the scope of the course, topics such as mental health and related concepts, the approach to mental health according to different psychology schools, the factors affecting mental health in the family, and the protective and preventive approach to mental health are discussed. |
| **6.** | ***ADEYL125*** | ***BEHAVIOR DISORDER IN CHILDREN AND THE FAMILY*** | **E** | 3 | 0 | 3 | **6** |
| The aim of this course is to provide students with adequate information on child and adolescent mental health and emotional and behavioral disorders in children. Within the scope of the course, topics such as child mental health problems, principles of approaching children and their families with behavioral disorders, appropriate management of child mental health disorders, education of family and society on child mental health problems are discussed. |
| **7.** | ***ADEYL126*** | ***STATISTIC I*** | **E** | 3 | 0 | 3 | **6** |
| The aim of this course is to introduce students to the basic concepts of statistics, how to present data, the concept of probability and their distribution; to introduce scientific decision making with a statistical approach; to teach how to analyze the data obtained from the experiments and how to interpret the results of the analysis. Within the scope of the course, topics such as introduction to statistics and basic concepts related to statistics; presenting and summarizing statistical data; descriptive statistics, statistical interpretation, hypothesis testing, relationships between variables are discussed. |
| **8.** | ***ADEYL127*** | ***THE EFFECTS OF CHRONIC DISEASES ON THE FAMILY*** | **E** | 3 | 0 | 3 | **6** |
| This course aims to help students gain knowledge about chronic diseases the general effects of chronic diseases on individuals, families and society. Within the scope of the course, topics such as chronic disease, its situation in the world and in our country, the effects of hypertension, diabetes, cancer, heart diseases, neurological diseases, joint and connective tissue diseases, kidney failure, respiratory system diseases, blood diseases on the family are discussed. |
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| **FIRST YEAR 2. SEMESTER ELECTIVE COURSES** |
| **NO** | **COURSE CODE** | **COURSE TITLE** | **C/E** | **T** | **P** | **C** | **ECTS** |
| **1.** | ***ADEYL220*** | ***SEXUALITY AND SEXUAL PROBLEMS IN THE FAMILY*** | **E** | 3 | 0 | 3 | **6** |
| The aim of this course is to provide students with the basic concepts of sexual health/reproductive health in the family, sexual development, sexual life and sexual dysfunctions in the family, and basic knowledge and skills for providing sexual counseling. Within the scope of the course, topics such as the definition of sexual health / reproductive health, sexual health / reproductive health services offered with a holistic approach, sexual development, sexuality, happy sexual life and sexual health concepts, methods of contraception, protection from sexually transmitted infections and safe motherhood are discussed. |
| **2.** | ***ADEYL221*** | ***VALUE EDUCATION IN THE FAMILY*** | **E** | 3 | 0 | 3 | **6** |
| The main aim of the course is to evaluate the structure and formation of the family in social life; its function as a social institution, its importance, and its relationship and interaction with other sociological phenomena. Within the scope of the course, the formation of family and family types, changes in family structure with industrialization, family relations (internal authority and power relations, horizontal and vertical communication in family relations), gender and the value of the child in different societies, etc. topics will be discussed. |
| **3.** | ***ADEYL222*** | ***CRISIS INTERVENTION IN FAMILY*** | **E** | 3 | 0 | 3 | **6** |
| The aim of this course is for students to learn the concept of crisis in the family life cycle, the causes of crisis and effective intervention methods for crisis. Within the scope of the course, topics such as the concept of crisis and the place of crisis intervention in protective mental health, crises that may occur in the family and their causes, the general principles of crisis intervention and prevention, crisis management in the process of mourning and loss are discussed. |
| **4.** | ***ADEYL223*** | ***INDIVIDUAL COUNSELING THEORIES*** | **E** | 3 | 0 | 3 | **6** |
| The aim of this course is to help students gain knowledge about the characteristics, concepts and techniques of psychological counseling and psychotherapy theories for individuals. Within the scope of the course, basic concepts related to the theory phenomenon in psychological counseling, psychoanalytic theory, existential therapy, individual-centered approach, gestalt therapy, schema therapy, cognitive behavioral therapy, postmodern theories are discussed. |
| **5.** | ***ADEYL224*** | ***SPECIFIC PROBLEMS IN THE FAMILY (DIVORCE, INFIDELITY, DEATH, ETC.)*** | **E** | 3 | 0 | 3 | **6** |
| The aim of this course is to learn family counseling approaches and intervention methods for special situations such as divorce, infidelity, loss and death that can be encountered throughout the family system. Within the scope of the course, topics such as the effects of special situations such as divorce, infidelity and death on the family system and relationships, effective ways of coping with these problems in the family life cycle, family counseling approaches and intervention techniques that can be used when working with such problems are discussed. |
| **6.** | ***ADEYL225*** | ***FAMILY INSTITUTION IN THE SOCIOLOGY OF NEW SOCIAL MOVEMENTS*** | **E** | 3 | 0 | 3 | **6** |
| The aim of this course is to inform students about social change in the axis of new social movements and the historical development and transformation of the family institution. Within the scope of the course, topics such as the basic concepts of social structure and social change, the changes that shape social movements, the historical development and transformation of social movements, and the process of social change in the axis of the family institution are discussed. |
| **7.** | ***ADEYL226*** | ***WORKING WITH FAMILIES WITH SPECIAL NEEDS CHILDREN*** | **E** | 3 | 0 | 3 | **6** |
| The aim of this course is to provide students with information about the problems and needs of families with children with special needs in the world and in our country, working with families with children with special needs, and policies and services related to special needs. Within the scope of the course, topics such as communication with the child with special needs, protection, development and rehabilitation services of the child with special needs, physical, psychological and social support of the families who care for the children with special needs, and the importance of counseling and coordination of care for the special education of children with special needs are discussed. |
| **8.** | ***ADEYL227*** | ***STATISTIC II*** | **E** | 3 | 0 | 3 | **6** |
| This course is a continuation of the Statistics I course, and the aim of the course is to convey the knowledge and skills necessary to collect data in scientific studies and apply the appropriate statistical technique to these data. Within the scope of the course, topics such as sampling and sampling distributions, statistical estimation, statistical decision making, correlation and regression analysis, and time series analysis are discussed. |
| ***ADEYL228*** | ***SOCIOLOGY OF HEALTH*** | **E** | 3 | 0 | 3 | **6** |
| This course aims to show sociology students the approach of sociology to health and medicine issues, to emphasize that there are different perspectives, and to examine the social sciences of health, disease, illness, etc. To show how concepts such as these are interpreted, to present how some community-specific symptoms vary from culture to culture, and to show how sociology theoretically and methodologically looks at whether health issues are universal or cultural phenomena. Within the scope of the course, the study areas of health sociology, family structure from past to present, sociological view of family structure and culture in our country and other countries, health and disease from a sociological perspective, social factors related to health and illness, digital socialization, family and health, effects of social change on family, sociological perspectives. Approaches and topics such as family, health, illness and economy, education relationship, family, patient and health personnel relations are discussed. |
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